



Agency Overview

1222 N. Post St. | Spokane, WA 99202 | TEL 509-458-2509 | FAX 509-458-2003

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ADVOCACY ACTION ANSWERS

SERVING: Northwist Ferry, Pend Oreille, Spokane, Stevens & Whitman counties



Who We Are

- Help older adults and people living with disabilities stay in their homes
- Serve Ferry, Stevens, Pend Oreille, Spokane and Whitman counties
- Our mission is to promote well-being, independence, dignity, and choice

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Service Area



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Area Agency on Aging

- Established by 1965 Older American's Act
- 700+ across the nation
- Services tailored to local needs
- To find Area Agencies on Aging nationwide, visit Eldercare.gov or call 800-677-1116
- For Washington State resources visit www.waclc.org

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Our Partners

- Elder Services
- Rural Resources Community Action
- Council on Aging and Human Services
- Spokane Neighborhood Action Partners (SNAP)
- Greater Spokane County Meals on Wheels
- University Legal Assistance
- Family Home Care
- Providence Adult Day Health
- And many more...

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Our Services

Community Living Connections

- Information, Assistance and Referral
- Options Counseling
- Benefit Enrollment Center
- Dental Care Access Assistance

Senior Services

- Adult Day Care
- Bathing Assistance
- Falls Prevention
- Group Meal Sites
- Home Delivered Meals
- Legal Assistance
- Minor Home Repair
- Transportation
- Farmer's Market Vouchers



Caregivers and Families

- Family Caregiver Support
- Kinship Caregiver Support
- Kinship Navigator
- Medicaid Transformation Demonstration

Community Services



- Medicare and Public Insurance Counseling
- Health Homes - Care Coordination
- Medicaid In-Home Case Management
- Veteran's Directed Home Care Case Management
- Long Term Care Ombudsman

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- Information, Referral and Awareness
 - Maintain an electronic resource directory with more than 500 local entries and updates every 12 months— www.walc.org
 - Printed directory is updated each time a phone number changes
- Person-centered planning/Options Counseling
 - For people with more complex needs than a simple answer can provide
 - Short term relationship that establishes an action plan and goals for the future, engages informal and formal supports
- Benefits counseling and application assistance
 - Medicare/through partnership with Office of Insurance Commission
 - Medicaid/on-line applications at WashingtonConnection.org
 - And more through partnership with National Council on Aging

www.altcw.org | [ADVOCACY ACTION ANSWERS](#)

- Call to access services:
 - **Spokane County**
Community Living Connections
(509) 960-7281
 - **Whitman, Ferry, Stevens and Pend Oreille counties**
Rural Resources Community Action
1-800-873-5889

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Family Caregiver Support



- Supports unpaid caregivers so they can continue caring for their friends, family members and neighbors.
- Provides information, referral, evidence-based screening, assessment, care planning, and services tailored to meet individuals' needs.

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Who is an unpaid caregiver?

- A devoted spouse
- A loving daughter
- A supportive son
- A concerned daughter in-law
- A helpful grandchild
- A caring neighbor

Providing support to someone 18 years of age or older.

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Do you know someone who:

- Is taking grandma to the doctor?
- Is helping dad pay his bills?
- Is losing sleep because of caregiving burdens?

THEN YOU KNOW A CAREGIVER AND THERE IS HELP FOR THEM!

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Services and Supports

- **Training and education:** Occupational and/or Physical Therapy, Dementia Training, Fall Prevention, Medication Management, Support Groups
- **Specialized medical equipment and supplies:** Personal Emergency Response System, Durable Medical Equipment, Care Supplies, Adaptive Equipment
- **Health maintenance and therapy supports:** Massage, Counseling, Evidenced-Based Exercise
- **Supplemental Services:** Transportation, Home Delivered Meals, Bath Aide, Housework and Errands
- **Respite:** Adult Day, Adult Health, Overnight Facility-Based, In-Home Day or Overnight, Memory Care

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For More Information
Call: (509) 960-7281
Email: action@altcew.org
Website: www.altcew.org

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